

Far-reaching influences of a lively musical childhood weave through Carrington's unusual, hook-laden songs, and stand out in her new LP, *Sweet Little Mystery*. The spirit of independence runs deep in her lineage as well as in her music, with her forebears having fought in the American Revolution. This maverick spirit ignites Carrington's journey and calling in life.

A native New Yorker, Carrington's love for music was sparked in early childhood while listening, dancing, and singing to the records that her dad, a huge music aficionado, was spinning — Teddy Wilson, Beethoven, Herb Alpert, Hudson River folk, Scottish marches, exotic World, classic rock, and the Beatles, among many other artists. She went on to study at Johns Hopkins, Harvard, and Boston University, where she earned a Bachelor's degree in English.

As a voice actor, Carrington served for several years as the voice of [Ancestry.com](https://ancestry.com), and she has narrated over 250 audiobooks, including biographies of Joni Mitchell, Pussy Riot, and Jack Kerouac. She has also voiced various video game characters, most notably a shamanic Scottish dwarf in *World of Warcraft*.

MacDuffie has performed throughout the United Kingdom, Germany, Holland, Belgium, and France, where she played at the popular club Belushi's in Paris. Highlights in the UK have included shows and festivals in London, Bristol, Bath, Brighton, Manchester, Newcastle, Llandudno, Glasgow, Edinburgh, and Inverness.

In the spring of 2021, MacDuffie released her single *Baby Played Me*, and she currently has recording projects underway in Austin, Nashville, New York, and Glasgow. The music video for the title track of her new LP *Sweet Little Mystery* has received over a quarter million views on YouTube.

Whether making music, voicing works of literature, training in small plane piloting, or savoring the zen-like concentration of target shooting, she is led by her passion for creativity, and, of course, independence. "I think the purpose of life is joy," says Carrington. "I see the world as one big art happening, and I love participating in it."